

## **Endometriosis can be cured!**

I cannot thank Chris enough, you have changed my life! I joined New Zealand Fashion Week team in 2012 and our charity was NZ Endometriosis, this was the first time I had ever heard of this women's health issue. So many of the new women around me suffered so it was very close to everyone's hearts.

As time went on I wondered why I felt so moody and had continual ups and downs for 3 weeks of the month, feeling like I was always getting my period... My only relief was when I got my period. Then it would start all over again. This yoyoing went on for about 3 years, so I got a period tracker so I could start pin pointing some key information to tell my doctor, as I couldn't continue feeling like this:

day 15 I was in agony I would swear I was getting my period right that minute, plus so tired

day 9 In pain but its stopped waking me in the night, still need an afternoon nap

day 5 Coping and counting down till I get my period so I feel normal

day 0 Yah my period has arrived, finally!

After taking these findings to my doctor I was told to take anti-depressants the week before my period "so many women do this to help get them through", it helped with my mood but didn't help with the continued pain, so after a couple of months I went back and asked is it possible I have endometriosis?! Being told there is no cure surgery is the only way to know. Luckily, I had health insurance and was recommended to a surgeon, after the first meeting he thought I had it, but until surgery it couldn't be confirmed. \$15,000 from Southern Cross and \$5000 from me I was off to surgery to find out what was going on.

Waking up from the surgery and the first thing out my mouth was "do I have it" and her response was yes! Relieved to know I'm not crazy and finally feeling that's me sorted. The recovery was horrible for a few months but was worth it to feel normal. After 9 months of feeling great, no pain part from when I got my period and no afternoon naps, it all started to come back... WHAT... It can come back?! To my horror endometriosis can come back and was told to go back to surgery, NO WAY am I going thru that again, especially since it came back so quickly. This is when I stumbled across Chris... willing to try anything I booked in. Within 3 sessions I could feel the changes, the pains had died down, by 5 sessions I was 100% back to normal, the way I should feel, no pain before my period, lots of energy and feeling happy! If you think you might have endometriosis or you have had surgery for endometriosis and it is coming back, please see Chris, you do not have to keep suffering or go through the awful surgery!

Thanks,

Jacqueline